



AMITY SCHOOL DISTRICT

Comprehensive Substance Use Prevention Plan

Updated: *June 23, 2025*

Information for this plan was derived from resources provided by the Oregon Department of Education and Sheridan School District and is a collaborative effort from the following roles in Amity School District:

- Superintendent
- School Board
- Building Administrative Teams
 - High School Counselor
- Middle School Student Support Specialist
 - Athletic Director
 - School Nurse
- General Education Teachers

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Introduction and Substance-Free Philosophy

Amity School District comprises Amity Elementary, Amity Middle, and Amity High Schools and serves approximately 750 students in grades K–12. It is the philosophy of Amity School District that alcohol, tobacco, and other drug use by students is illegal and harmful, and the district is committed to supporting the health and well-being of all students. In accordance with this commitment, the district supports our students through the development of a Comprehensive Substance Use Prevention Plan (CSUPP). With the establishment of this plan, Amity School District aims to establish preventative measures to reduce the rate of harmful or illegal substances in its student population.

Amity School District prohibits the use of alcohol, tobacco, and drug use by students. All campus locations in the district are designated as drug-free, alcohol-free, and tobacco-free zones, and use of these substances by students, staff, and visitors are prohibited on all campuses.

The district commits to utilizing available local and federal resources to maintain substance-free campuses and provide substance use education, prevention, and intervention to our student population.

The Amity School District CSUPP complies with the Division 22 Standards for Public Elementary and Secondary Schools regarding substance use prevention and intervention. This plan primarily encompasses requirements set forth by the following:

- [OAR 581-022-2045 \(Substance Use Prevention and Intervention Plan Guidelines\)](#)
- [OAR 581-021-0050 \(School Governance and Student Conduct - minimum standards\)](#)
- [OAR 581-021-0055 \(School Governance and Student Conduct\)](#)
- [SB 238 \(School Comprehensive Drug and Alcohol Policies - Fentanyl and Immunity Laws\)](#)
- [2023 Oregon Health Education Standards](#)

Amity School District commits to the following regarding our CSUPP:

- Provide age-appropriate curriculum to grades K-12 that addresses substance use, including instruction, prevention, and intervention as required by [OAR 581-022-2045](#).
- Incorporate curricula supplements provided by the Oregon Department of Education regarding synthetic opioids, including fentanyl, and immunity laws as required by [SB 238](#).
- Assist students in developing and reinforcing skills surrounding peer pressure, consequences of substance use, making informed and responsible decisions, and adopting positive attitudes toward health and wellness.
- Update, adopt and enforce policies, rules and procedures surrounding substance use education, prevention and intervention.
- Clearly communicate consequences of illegal activity surrounding substances, as required by [OAR 581-021-0050](#) and [OAR 581-021-0055](#).
- Provide a public information program for students, parents, and district staff.
- Provide professional development and substance use prevention education to district staff.
- Review and update CSUPP annually to reflect current research.

Amity School Board Policies Related to Substance Use Prevention

Educational Equity: [JBBG1.pdf](#)

Drug, Alcohol, and Tobacco Prevention, Health Education: [igaeb_d1.pdf](#)

At Risk Student Program: [igbcb_d1.pdf](#)

Student Conduct: [JFCd1_0.pdf](#)

Student Conduct on School Buses: [jfcc_eeacc_d1.pdf](#)

Discipline for Use of Tobacco/Inhalants: [JFCGRd1.pdf](#)

Use of Tobacco, Alcohol, or Drugs: [JFCGJFCHJFCI.pdf](#)

Prohibited Activity of Tobacco and Inhalants: [jfcgkgcgbk_d1.pdf](#)

Extra-Curricular Participant Drug-Testing: [jfcia_g1.pdf](#), [jfcia_ar_0.pdf](#)

Elimination of Drugs and Alcohol on School Premises: [jfcck_d1.pdf](#)

Student Searches: [jfg_d1.pdf](#)

Medications: [JHCD_JHCDAG1.pdf](#), [JHCD_JHCDARd1_3.pdf](#)

Suspension: [jgd_d1.pdf](#)

Discipline of Students with Disabilities: [jgda_jgea_d1.pdf](#), [jgda_jgea_r_d1.pdf](#)

Expulsion: [JGEd1.pdf](#)

Alternative Educational Programs: [jgea_d1.pdf](#)

School Resource Officer: [ecad_r_d1.pdf](#)

Relations with Law Enforcement Agencies: [KNRd1_0.pdf](#), [kn_d1.pdf](#)

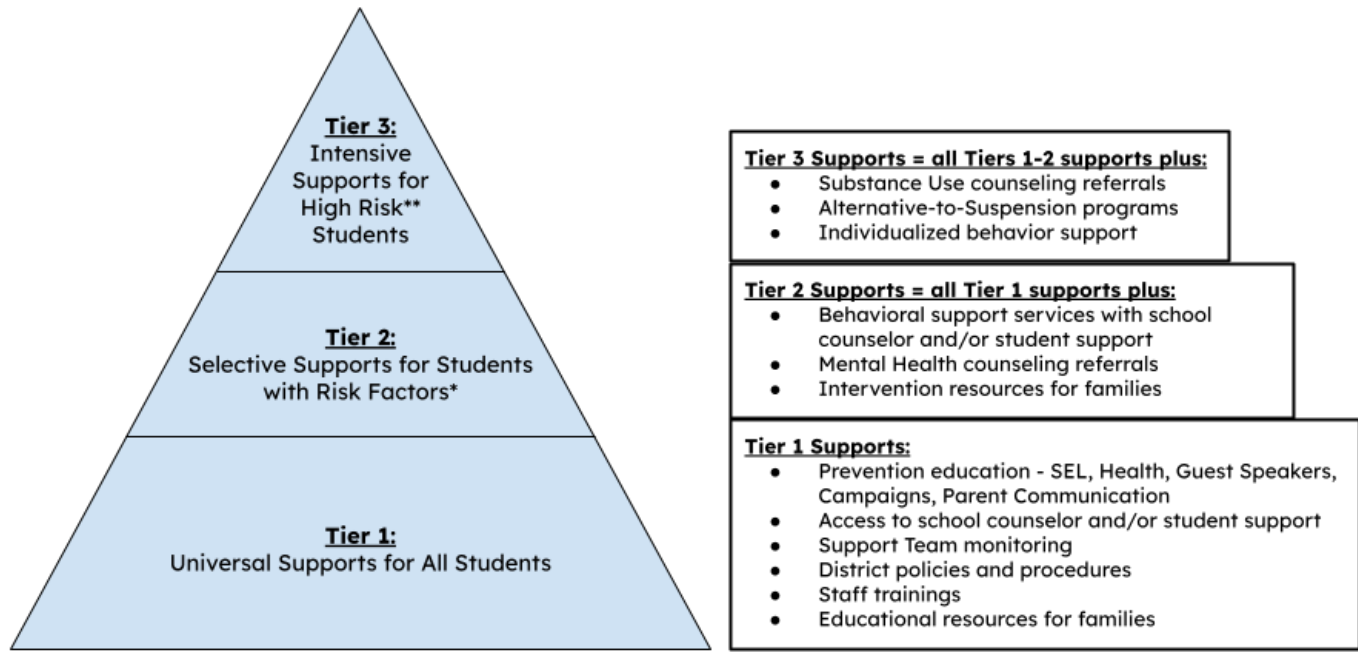
Video Surveillance: [ecac_d1.pdf](#)

Code of Conduct for Interscholastic Activities: [egb_r_1_g1.pdf](#)

Illegal Substance Use in Athletics (pp7-8): [Athletic/Activity Handbook](#)

Multi Tiered Systems of Support (MTSS) Framework

Amity School District addresses the needs of our students using a Multi-Tiered Systems of Support (MTSS) framework. This framework allows the district to provide evidence based support and interventions to students according to their need.



***Risk factors considered for substance use in students include but are not limited to:**

- Family history of substance use
- Favorable parental attitudes toward substance use behaviors
- Lack of parental involvement
- Parental substance use
- Association with peers who use substances
- Lack of school connection
- Low academic achievement
- History of trauma
- History of or current mental health issues
- See full list and supporting evidence at [Risk and Protective Factors for Substance Misuse that Presents in Childhood](#)

****Factors denoting high risk students include:**

- Identified as using substances by self, peers, staff, or other adults
- History of substance use

Summary of Tiered Supports

CURRICULUM & EDUCATION			
<i>Intervention</i>	<i>Resources</i>	<i>Involved Parties</i>	<i>MTSS Tier(s)</i>
K-5 Instruction	- Great Body Shop - all grades - CATCH My Breath - 5th grade	Classroom teachers	Tier 1
6-8 Instruction	- Project School Wellness - 7th/8th grades - CATCH My Breath - ODE Synthetic Opioid Prevention Lessons	- PE/Health teachers - Student Support Specialist	Tier 1
9-12 Instruction	- Truth About Drugs - 9th/11th grades - CATCH My Breath - ODE Synthetic Opioid Prevention Lessons	PE/Health teachers	Tier 1
Guest Speakers	- BMX Stunt Guys - Dwight Kimberly - Narcotics Anonymous	- Administration - PE/Health teachers	Tier 1
K-5 SEL	- Character Strong - PBIS	Classroom teachers	Tier 1
6-8 SEL	Quantum Learning: 8 Keys of Excellence	- Student Support Specialist - Classroom teachers	Tier 1
9-12 SEL	Advisory Class	Classroom teachers	Tier 1
COMMUNICATION/CAMPAIGNS			
<i>Intervention</i>	<i>Resources</i>	<i>Involved Parties</i>	<i>MTSS Tier(s)</i>
Flyers & Posters	- K-5 level - Body Shop take-home materials - CATCH My Breath 6-8 level - Lines for Life - CATCH My Breath 9-12 level - Lines for Life - CATCH My Breath	- Administration - Counselors - Student Support - Classroom teachers - Health/PE teachers - School nurse	Tiers 1-2
Social Media	- CATCH My Breath - Stanford Toolkit	- Administration - Counselors - Secretaries	Tier 1

Parent Communication	• Parent Square • Team Reach • Synergy Mail • District Website	• Administration • Counselors • Student Support • Classroom teachers • Health/PE teachers • School nurse	Tiers 1-3
District Website	• CATCH My Breath • Stanford Toolkit • Alternative to Suspension Program	• Administration	Tier 1

MENTAL & BEHAVIORAL HEALTH

<i>Intervention</i>	<i>Resources</i>	<i>Involved Parties</i>	<i>MTSS Tier(s)</i>
School Counselors & Student Support	• Student check-ins • Positive Behavior Support	• Administration • Counselors • Student Support Specialists	Tiers 1-3
Support Teams	• K-5 level ○ Biweekly grade level team meetings • 6-8 level ○ Student Support Team (SST) weekly meetings • 9-12 level ○ Student Support Team (SST) monthly meetings	• Administration • Counselors • Student Support Specialists • Classroom teachers • Special Education teachers	Tiers 1-3
Mental Health Therapists	Referrals to Yamhill County Youth and Family Services	• Administration • Counselors • Student Support Specialists	Tiers 2-3
Anonymous Reporting Systems	SafeOregon	• Administration • Counselors • Student Support Specialists	Tiers 1-3
Substance Abuse Counseling	Referrals to Yamhill County Youth and Family Services	• Administration • Counselors • Student Support Specialists	Tier 3

STAFF TRAINING

<i>Intervention</i>	<i>Resources</i>	<i>Involved Parties</i>	<i>MTSS Tier(s)</i>
Suicide prevention	QPR Institute - Question, Persuade, Refer	• Designated staff within the building	Tiers 1-3
Narcan Administration	Every three years, in person training	• Designated staff within the building	Tiers 1-3
Substance Use	CATCH Prevention Programs	• All staff	Tiers 1-3

Training			
POLICIES & PROCEDURES			
<i>Intervention</i>	<i>Resources</i>	<i>Involved Parties</i>	<i>MTSS Tier(s)</i>
District Policies related to substance use on school grounds	JFCGJFCHJFCI.pdf	- School Board - Superintendent - Administration	Tiers 1-3
Disciplinary Protocol	Amity School District Student Handbook - see also Description of Tiered Supports section	Administration	Tiers 1-3
Narcan Administration	Yamhill County Health Department	Designated staff within the building	Tiers 1-3

Description of Tiered Supports

Curriculum & Education

The CATCH My Breath curriculum will be used across grades 5-12 at Amity School District. This curriculum is aligned with national and state education standards and is a comprehensive education system designed to reduce students' likelihood of substance use. CATCH is currently implemented in schools across the United States and Canada and focuses on substance use education, resisting peer pressure, and making healthy choices. Visit <https://catch.org> for more information on this program.

Middle and high school students at Amity will also receive supplemental substance use instruction provided by the Oregon Department of Education that focuses on the dangers of synthetic opioids as required by [OAR 581-022-2045](#) and [Senate Bill 238](#). Students in grades 6-8 will receive annual instruction, and students in grades 9-12 will receive the instruction at least once during high school. Visit [ODE: Substance Use Prevention Education](#) for more information on this curriculum.

Communication & Campaigns

Amity School District will use campaigns from CATCH My Breath and Stanford Toolkit to promote substance use prevention and intervention messaging and resources across all grade levels. This messaging will be posted in each district building, and resources will be accessible through the district website.

The district will also communicate with families regarding substance use-related classroom instruction, and parent and student resources through established school communication methods.

Mental & Behavioral Health

The district works closely with the school counseling and student support services across the district to identify and support students experiencing mental and behavioral health issues across all tiers. All students receive Tier 1 support through Social Emotional Learning instruction and access to school counselors and student support.

Students needing more intensive support may be referred to outside counseling services for mental and behavioral health. For students in crisis, student support services in all buildings connect with the parent and/or guardians of the student and utilize resources from Lines for Life and 988.

The district also partners with SafeOregon.com to provide an anonymous reporting system for students to report unsafe behavior at school.

Staff Training

Amity School District staff will receive substance use prevention education through the school district and will be informed of this district plan and their responsibilities within this plan. Along with substance use prevention education, staff also receive trainings on suicide prevention, Narcan administration, and CPR.

Policies & Procedures

The district collaborates with the school board and administrative teams across the district to enact and implement policies and procedures relating to substance use prevention. The following discipline matrix regarding substance use is a proposed matrix. The final version will be submitted to the school board for review and approval for inclusion in the 25-26 Student Handbook.

Disciplinary Flowchart

Tobacco or Tobacco Products-
smoking, possessing, selling,
buying, transmitting, distributing,
or otherwise using.



1. Confiscation of items related to offense
2. Contact and Conference with Parent or Guardian
3. Referral to Law Enforcement



First Offense

- Suspension (up to 3 days)
- Reduced suspension available with participation in substance abuse counseling program



Second Offense

- Suspension (up to 5 days)
- Reduced suspension (3 days maximum) available with participation in substance abuse counseling program



Third Offense

- Suspension and recommendation for expulsion
- Referral to intervention and counseling services

Alcohol and Other Drugs -
possessing, buying, use of, or
being under the influence of
alcohol and/or other drugs.



1. Confiscation of items related to offense
2. Contact and Conference with Parent or Guardian
3. Referral to Law Enforcement



First Offense

- Suspension (up to 10 days)
- Reduced suspension available with participation in substance abuse counseling program



Second Offense

- Suspension and recommendation for expulsion
- Referral to intervention and counseling services

Alcohol and other drugs -
Selling, distributing, or
possession with the intent to sell.



1. Confiscation of items related to offense
2. Contact and Conference with Parent or Guardian
3. Referral to Law Enforcement



First Offense

- Suspension and recommendation for expulsion
- Referral to intervention and counseling services

Student athletes and activity participants at Amity School District are subject to exclusion from athletics for use of illegal substances and random drug-testing. Please refer to the [ASD Athletic & Activity Handbook](#) for the disciplinary action plan and flowchart. The athletic and activity flowchart does not override or negate the disciplinary flowchart for Amity students. The sanctions imposed by the athletic and activity handbook are additives to the regular disciplinary procedures. Amity School District athletes are representatives of their school across the state and are held to high expectations.

Designated staff within each building in the district are trained in Narcan administration in case of emergency. This training is provided by the Yamhill County Health Department and is delivered every three years.

Partnerships & Additional Resources

- ★ [Oregon Department of Education : Health : Health : State of Oregon](#)
- ★ [Tobacco Prevention Toolkit | Tobacco Prevention Toolkit | Stanford Medicine](#)
- ★ [CATCH Program - Whole Child Wellness - Health Education Programs](#)
- ★ ASIST : Applied Suicide Intervention Skills Training - www.inciteforchange.org
- ★ The Great Body Shop - [About Us - The Great Body Shop](#)
- ★ Quantum Learning's 8 Keys of Excellence - [School Program – 8 Keys of Excellence](#)
- ★ QPR: Question, Persuade, Refer - [QPR Institute](#)
- ★ Lines for Life - www.oregonyouthline.org
- ★ [Suicide Prevention - Willamette Education Service District \(wesd.org\)](#)
- ★ [Safe Oregon](#) - anonymous reporting system for Oregon schools